

# Massachusetts Consumer Protections and Retirement Communities: What to Know Before You Go!

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## Long-Term Care Options

**What are they?    Medically Appropriate**

**Who pays for it?    Financially Affordable**

# Long-Term Care Options

Options range from least to most restrictive, based upon medical needs.

# Long-Term Care Options

- Homecare;
- Continuing Care Retirement Community (CCRC)
  - Independent Living
  - Assisted Living
  - Skilled Nursing
- Assisted Living Residence (ALR);
  - Includes Specialty Care Unit (SCU): Memory Care Dementia/Alzheimer's;
- Skilled Nursing Facility (SNF); and
- Other: Veterans Home, Rest Home, and Hospice House.



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